Pacific Worlds and the American West

February 8 & 9, 2008
The American West Center wishes to thank the following conference cosponsors:

Pacific Unity Association (PUA), Salt Lake Community College
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Thursday, February 7, 2008
6:00-8:00 Opening Reception Officers’ Club

Friday, February 8, 2008
7:30-8:25 Conference Registration Officers’ Club
8:30-10:15 Welcoming Post Theater
  Opening Keynote Address:
  
  *Pacific Nations under U.S. Occupation*

  Dr. Haunani-Kay Trask

  Introduction: ‘Anapesi Ka’ili
  Pacific Initiative Director, American West Center

10:15-10:30 ~BREAK~ Officers’ Club

10:30-12:00 Panel #1—Image & Film East Room
  Panel Chair: Angela Smith
  English & Gender Studies, University of Utah

  *Segregation, Migrancy, and Asian Moviegoers in California, 1930–1942*

  Denise Khor
  Yale University

  *Polynesia’s Screen Capital: Auckland as Represented in Pasifika Films*

  Brian McDonnell
  Massey University

  *Pastimes of Progress: Vice Industries of the U.S.-Mexico Border and the 1915-1916 Panama-California Exposition*

  L. Chase Smith
  UC-San Diego
Panel #2—Student Outreach
North Room

Panel Chair: Edwin Napia
Indian Walk-In Center, Salt Lake City, Utah

Cross-Community Holistic Development, a Move toward Empowerment: A View of Pacific Islander and American Indian Student-initiated and -run Retention and Outreach Efforts
Todd Ambo
Jose M. Leon
Kimberly Robertson
Ralph S. Unamuno
Mattie Varner
Kare’l Aniva Lokeni
Kale Faye Sopoaga
Nefara Riesch
UCLA

12:00-1:30 Lunch Officers’ Club

Keynote Address:

Oceanic Epistemologies for and from an Oceanic World
Dr. Vicente Diaz

Introduction: Charlene Lui
Director, Educational Equity, Granite School District

1:30-3:30 Panel #3—Gender & Sexuality
North Room

Panel Chair: Kathryn Stockton
English & Gender Studies, University of Utah

No Offense Had Been Established: Criminalizing Sexuality in the Aftermath of World War II
Keith Camacho
UCLA

Kamate, Kamate! Creating a Pan-Pacific Identity through Maori Haka
Anna Christiansen
BYU-Hawaii’i

“Guamanian-Chamorro by Birth but Patriotic American by Choice”: Subjectivity and Performance in the Life of Agueda Johnston
Christine DeLisle
University of Michigan
When Romeo Met Tusi: Pacificness, Indigeniety, and Maori/Pacific Couples in Maori and Pasifika Texts
Alice Te Punga Somerville
Victoria University

Panel #4—Cultural & Political Imperialism in Asia-Pacific
West Room
Panel Chair: Janet Theiss
History & Asian Studies, University of Utah

Ideological Linkages between Wartime Urban South Vietnamese and Postwar Vietnamese Americans
Tuan Hoang
University of Notre Dame

Mapping Asian/Pacific/American Studies from U.S.-Occupied Okinawa
Yuchiro Onishi
University of Minnesota

Building an Empire One Cup at a Time: Cultural Meaning and Power of Starbucks Korea
Jee Eun Song
UC-Davis

The Empire Abroad and at Home: U.S. Filipinos, (Im)migration, and Exclusion, 1920–1940
Veta Schlimgen
University of Oregon

Panel #5—Tongan & Samoan Diasporas
East Room
Panel Chair: Feleti Matagi
Utah Opportunity Scholars Program, University of Utah

The Utah Tongan Community: Connecting Salt Lake City to the Pacific
Susan Wurtzburg & Fahina Pasi
University of Utah & National Tongan American Society

Oceanic Cosmogonies and American West Myth-Making?
Emil Wolfgramm
University of Hawai’i

Samoan ‘Ava Ceremonies in Salt Lake County, Utah: Cultural Diffusion and Permanence of a Social Drinking Custom
Jacob Fitiseman Jr.
University of Utah
Richie’s Story. Autism: A Pacific Islanders Perspective  
Sieni Rene Tago

3:30-3:45  ~BREAK~

3:45-5:15  **Panel #6—Whiteness**  East Room

Panel Chair: Matt Basso
American West Center, History, & Gender Studies, University of Utah

*What Can We Do to Help You? Paternalism and White Perceptions of Pacific Islanders*  
Matt Bradley  
American West Center, University of Utah

*Disrupting the “Melting Pot”: Racial Discourse in Hawai’i and the “Victimized” Haole*  
Judy Rohrer  
University of California, Santa Barbara

*“With Banjos on Their Knees”: Minstrel Pioneers of the Pacific World*  
Matthew Wittmann  
University of Michigan

**Panel #7—Pacific Islander Artists**  West Room

Panel Chair: Vicky Newman  
Communication, University of Utah

*The Art of Niu World: Pacific Waves on Asphalt Shores*  
W. Ka’aumoana Varner

**Panel #8—Religion**  North Room

Panel Chair: Paul Reeve  
History, University of Utah

*The Mormon Church in Unfertile Grounds*  
Savani Aupiu  
University of Utah

*Mormon Tongans in Utah*  
Jessie Embry  
BYU-Provo

*Nineteenth-Century Mormonism and the Pacific Basin Frontier*  
Reid Neilson  
BYU-Provo
5:15-7:00  Reception & Open Mic  Officers’ Club

Saturday, February 09, 2008

8:15-9:45  **Panel #9—Community Survival**  North Room

Panel Chair: Helen Cox  
Salt Lake Community College

*Polynesian Gangs in Utah as a Subgroup: A Wave of Moral Panic*  
Robin Davis  
University of Utah

*“Decolonization and Diaspora”: The Resistance and Insistence of Decolonization amongst Chamorros in California*  
Michael Bevacqua  
UC-San Diego

*Sea of Islanders: Non-Local Pacific Islanders and Pacific History*  
Kealani Cook  
University of Michigan

**Panel #10—Identity & Representation**  East Room

Panel Chair: Lela Graybill  
Art and Art History, University of Utah

*CyberFOB and Media: Murder of the PI Body*  
Kiri Close  
Urban College of Boston

*Pacific Islander Identity and Representation*  
Richard Wolfgramm  
University of Utah

*Will the “Real” Maori and Indians Please Stand Up? Cultural Authenticity and Essentialised Indigenous Identity of Maori and Indians in Utah*  
Robert Joseph  
University of Waikato

9:45-10:00  ~BREAK~  Officers’ Club

10:00-12:00  **Panel #11—Education**  North Room

Panel Chair: ‘Anapesi Ka‘ili  
Pacific Initiative Director, American West Center
An Indigenous Right to Education: The New Construction of Hawaiian Identity in International Law
Keaka Varner Hemi
University of Waikato

Deconstructing the Myths That Minority Students Are Deficient in Their Learning and Work Ethic
Victor Narsimulu
BYU-Provo

Piecing Together Fragmented Identities and Achieving Our Dreams
Asena Tuione
Teacher’s College/Columbia University

Panel #12—Oceans & Exploring

Panel Chair: Eric Hinderaker
History, University of Utah

The Power of Wickanannish Ends Here: Indigenous Marine Borderlands in the Late-Eighteenth Century
Josh Reid
UC-Davis

The Use and Subversion of Racial Categories in Australia, Northwestern America, and Tahiti: A Study of the Narratives of the U.S. Exploring Expedition
Anne Keary
University of Utah

Way-finding in the Shadow of the Archives: A (Western?) Case from Nukuhiva and Salem
Hannah West
University of Wisconsin

Pacific Americas in the West: Between the Banks of the Pacific Ocean
Trangdai Glassey-Tranguyen
UC-San Diego

Panel #13—American Missionaries, Western Imperialism, & the Transformation of the 19th Century

Panel Chair: Roger Nichols
University of Arizona
**Hawai‘i Missionaries, Foodways, and Imperialism in 19th-Century Hawai‘i**
Jennifer Kashay
Colorado State University

**God vs. Mammon: Missionaries and Issues of Faith and Wealth in 19th Century Hawai‘i**
Paul Burlin
University of New England

**Koloa, Kaua‘i: Hawaii’s First Company Town**
Cliff Putney
Bentley University

**What Were 19th Century Maori Doing in Utah?: Migration of the Maori Chief, Hirini Te Rito Whaanga and Family, to Utah**
Robert Joseph
University of Waikato

12:00-1:30 Lunch

**Keynote Address:**

*Migrant Bodies, Samoan Tatau, and Global Culture*

*Dr. Peter Brunt*

Introduction: Fotu Katoa
Director, Pacific Islander Affairs, Utah Office of Ethnic Affairs

1:30-3:30 **Panel #14—“Civilizing” the Pacific**

Panel Chair: Kaipo Dabin
University of Hawai‘i

**Images of Asian Americans and the Engendering of Immigration Policies**
Constance Chen
Loyola Marymount University

**Trading Places: Jack London and the American Race for the Pacific**
Kathleen Flanagan
University of North Carolina

**Creating (and Experiencing) Pacific Worlds at San Francisco’s 1915 Panama-Pacific International Exposition**
Abigail Markwyn
Carroll College
Panel #15—Politics and Pacific Resistance
North Room

Panel Chair: Hokulani Aikau
University of Hawai‘i

*Reclamation in Hawaii, 1909–1959: From “Home-Making” to Corporate Welfare*
Wade Graham
UCLA

*From the Way West to the Western Pacific: Socio-Political Continuities in the American Occupation of Micronesia*
Glenn Petersen
Bernard M. Baruch College, City University of New York

*Just Reconciliation for Native Hawaiians?*
Rodney Roberts
East Carolina University

*“Bloodline is All I Need”: Resistance Narratives and Reimagining Kanaka Maoli Identity through Hawaiian/Hawaii Hip-hop*
Stephanie Nohelani Teves
University of Michigan

Panel #16—Asian/Pacific/American Identities on the West Coast
West Room

Panel Chair: Haruko Moriyasu
Ethnic Studies/Asian Pacific American Studies, University of Utah

*Cultural Landscapes of Japanese-American Religiosity in the Central Valley*
Sean McPherson
Wheaton College, Massachusetts

*From Little Chile to North Beach: A San Francisco Neighborhood in Global Perspective, 1848–2007*
Edward Melillo
Oberlin College
James Gatewood
Brown University

*Her Name Was Kelora and Her Father Was a Chinaman*
Janey Lew
UC-Berkeley
West Coast and Pacific Islander Identities: Utah’s Reaction to Japanese during WWII
Ryan Wimmer
BYU-Provo

3:30-3:45 ~BREAK~

3:45-5:00 Closing Keynote Address
Post Theatre

Celebrating Pacific Peoples, Respecting Pacific Meeting Places, Strengthening Pacific Ways
Dr. Linda Tuhiwai-Smith

Introduction: Forrest Cuch
Executive Director, Utah Division of Indian Affairs

5:00-5:45 ~BREAK~

5:45 Bus to SLCC leaves from the Guest House

6:15-7:30 Dinner
SLCC

7:45-8:15 Guest Speaker: Dr. Haunani-Kay Trask

Sunday, February 10, 2008

9:00 Bus leaves for Iosepa

9:00-2:00 Guided tour & lunch at Iosepa Settlement

2:00 Bus returns from Iosepa
Keynote Speakers

Dr. Haunani-Kay Trask

Dr. Haunani Kay Trask is one of Hawai‘i’s best-known Native leaders and scholars. She holds a Ph.D. in political science from the University of Wisconsin. She is presently Professor of Hawaiian Studies at the University of Hawaii, and she served for 10 years as the Director of the Kamehameha Schools Center for Hawaiian Studies. During her tenure, she oversaw the construction of a multi-million dollar, five-acre, Hawaiian Studies complex. She has been a Fellow at the Pacific Basin Research Center at Harvard University (1998), a National Endowment for the Arts Writer-in-Residence at Santa Fe, New Mexico (1996), a Rockefeller Resident Fellow at the University of Colorado at Boulder (1989), and an American Council of Learned Societies Research Fellow (1984).

Dr. Trask also is one of the founders and leading members of Ka Lahui Hawai‘i, the largest native sovereignty organization in Hawai‘i. She has represented Hawai‘i’s indigenous people at the United Nations Working Group on Indigenous Peoples in Geneva, and at numerous indigenous gatherings in Samiland (Norway), Aotearoa (New Zealand), Basque Country, and Indian nations throughout the United States and Canada. Her ongoing struggle for decolonization, human rights, and self-determination for her people as well as indigenous peoples all over the world has spanned more than 30 years. Trask and her sister Mililani have helped to bring international attention to the historical facts of the oppression and genocide of Native Hawaiians in Hawai‘i through teaching, activism, writing, and poetry. Trask’s best-known book, From a Native Daughter: Colonialism and Sovereignty in Hawai‘i is widely considered a masterpiece of contemporary resistance writing. Her most recently published book is a collection of poetry, Night is a Sharkskin Drum. She was also coproducer and scriptwriter of the award-winning film, Act of War: The Overthrow of the Hawaiian Nation (1993). Professor Trask is widely considered an authority on Hawaiian political issues, as well as an internationally known Indigenous human rights advocate. She has recently spoken in the Basque Country, Donostia, Spain; at the World Conference against Racism in Durban, South Africa; at the First International Conference on
White Supremacy and Reparations at Benedict College, South Carolina; and as an indigenous Hawaiian representative at antiracism gatherings in Brisbane, Australia; Barcelona, Spain; Geneva, Switzerland; Strasbourg, France; Vancouver, Victoria, and Hull, Canada; and Auckland, Wellington, and Otago, New Zealand.

**Dr. Vicente Diaz**

Dr. Vicente Diaz is Filipino Pohnpeian (Micronesia) from Guam. He joined the A/PIA faculty at the University of Michigan in Fall 2001 after teaching Pacific History and Micronesian Studies at the University of Guam since 1991. He received his undergraduate and master's degree in Political Science from the University of Hawaii’s at Manoa, and his doctorate from the interdisciplinary History of Consciousness program at the University of California at Santa Cruz. As part of his academic work, Diaz is actively involved in traditional Micronesian seafaring practices and in indigenous Pacific video production as modes of cultural and historical critique and expression. He also has done extensive research on the history of sports in colonial settings. Dr. Diaz’s areas of research and specialization are: Pacific Island History, Colonial Discourse and Postcolonial Critique, Native Pacific Cultural Studies, Pacific Film and Video, Sports and Empire, Traditional Seafaring, and Indigeneity.

**Dr. Peter Brunt**

Dr. Peter Brunt is a Senior lecturer in the School of Art History, Classics & Religious Studies, at Victoria University of Wellington, where he teaches Pacific art, Postcolonial art and theory, Primitivism and Art History methodology. He holds a Ph.D. from Cornell University, has published numerous historical and critical articles about Pacific art, and is known as one of the leading scholars on Pacific art and tattoos in the Pacific. His areas of research and specialization are in Pacific art, art and cross-cultural encounter in the Pacific, and postcolonial art and theory. He is currently working with a group of scholars on a new history of art in Oceania, which will result in a book that will link the long history of artistic production in the Pacific to developments in the twentieth century and to the cultural renaissance and thriving debates of the present.

**Dr. Linda Tuhiwai Te Rina Smith**

Dr. Linda Tuhiwai Te Rina Smith (Ngāti Awa, Ngāti Porou) is an internationally renowned Professor of Education and researcher in Māori and indigenous education and is one of the leading scholars on indigenous research methodologies. She previous served as the Director of the International Research Institute for Māori and Indigenous Education at the University of Auckland and now currently serves as the Pro Vice-Chancellor at the University of Waikato, holds a Chair in Education at the University of Auckland, and is a joint Director of Ngā Pae o te Māramatanga
(Horizons of Insight), the National Institute of Research Excellence in Māori Development and Advancement. Professor Smith works as a consultant to the development of aboriginal and indigenous studies at five major universities in Australia and Greenland. In New Zealand she has been central to the development of a tribal university, Te Whare Wananga o Awanuiarangi, and to the nationwide movement for an alternative schooling system, Kura Kaupapa Māori. Her leadership represents the pioneering work of Māori scholars and activists, which inspires indigenous and sovereignty work internationally.

Professor Smith’s book *Decolonizing Methodologies: Research and Indigenous Peoples* (Zed, 1999) explores the intersections of imperialism, knowledge, and research. From the vantage point of the colonized, the term ‘research’ is inextricably linked with European colonialism; the way in which scientific research has been implicated in the worst excesses of imperialism remains a powerful remembered history for many of the world’s colonized people. Here, an indigenous researcher issues a clarion call for the decolonization of research methods. In setting an agenda for planning and implementing indigenous research, Smith shows how such programs are part of the wider project of reclaiming control over indigenous ways of knowing and being.
Welcome to Salt Lake City!

If you don’t mind a little snow, Salt Lake is a fantastic city to explore in the winter. To help you make the most of your stay, the faculty, staff, and graduate students in the University of Utah History Department offer a list of their favorite spots for food, beverages, and outdoor recreation. Enjoy!

**Restaurants**

ARISTO’S, 224 South 1300 East, Greek, under $8-$18
- Great gyros, walking distance from campus.

BAMBARA, 202 South Main Street, Contemporary, $8-$25
- Seasonal menus reflect regional American and international influences. The setting, formerly an ornate bank lobby adjacent to the swank Hotel Monaco, is as much of a draw as the food.

BLUE IGUANA, 165 South West Temple, Mexican, under $8-$15
- Cousin of the Red Iguana. Voted SLC’s best margarita four years in a row.

BOMBAY HOUSE, 2731 East Parley’s Way, Indian, $8-$12
- Enjoy good Indian standards, including the softest naan and spiciest of curries, tandoori dishes, and many vegetarian options. Decent selection of domestic and imported beers as well as traditional teas and tea-based drinks.

CAFÉ TRIO, 680 South 900 East, Italian, $8-$18
- A local favorite known for thin-crust pizzas from their wood-burning oven, basic pastas, creative salads, and Tuscan-inspired dishes such as roast chicken with polenta. The wine list is reasonably priced and well selected.

THE DODO, 152 South 400 West (at The Gateway), Eclectic, under $8-$20
- Great brunch, desserts, crab cakes, and sandwiches

EAST WEST CONNECTION, 1400 South Foothill Dr., Vietnamese, $8-$18
- Asian-style restaurant perched on the second level of the Foothill Shopping Center. Delicately flavored soups and daily specials are always a good bet, as are the vegetarian options.
HARD ROCK CAFÉ, 505 South 600 East
- Located near Trolley Square. Live music, great décor, good burgers.

ICHIBAN, 336 South 400 East, Japanese, $8-$18
- Some of the best sushi in the city. Full bar, no reservations, evenings only.

LITTLE WORLD, 1356 South State St., Chinese
- Despite its unappetizing decor, serves excellent Chinese food all day—but make sure you ask for the more elaborate ‘Chinese’ menu.

LOG HAVEN, 6451 East Millcreek Canyon Rd., Contemporary, $13-$25 and over
- Elegant mountain retreat. American cuisine laced with everything from Asian ingredients to pure Rocky Mountain style. Fresh fish, game, exotic imports, seasonal local ingredients, and great side dishes.

LONE STAR TAQUERIA, 2265 East Fort Union Blvd., Mexican, under $8
- Hard to miss. Look for the lime-green building surrounded by a fence topped with old cowboy boots, and fronted by an old sticker-covered car that looks as though it crashed through the fence. Excellent, cheap Mexican food—including house special fish tacos, handmade tamales, burritos of all types, and plenty of chilled Mexican beer. A drive-through window for takeout, too. No credit cards.

MARTINE, 22 East 100 South, Contemporary, $8-$25
- In the evenings they serve New World tapas, which are enjoyable little snacks at $6-$8 each. A little dollop of couscous, fried brie with salad, calamari, etc.

MAZZA, 1515 South 1500 East & 912 East 900 South, Middle Eastern, under $8
- Authentic and affordable Middle Eastern food in a casual order-at-the-counter setting. Eat outside and enjoy Middle Eastern grilled meats and veggies that are simple and tasty.

METROPOLITAN, 173 West Broadway, Contemporary, $19-$25 and over
- Modern, minimalist décor may make you feel like you’re dining in a fine art museum.

OASIS CAFÉ, 151 South 500 East, Eclectic, $8-$18
- From morning to night, a selection of fine teas and espresso drinks, big breakfasts, and fresh, innovative entrées draw regulars to this café and its serene patio courtyard. The menu leans toward vegetarian and seafood selections and there are plenty of rich, house-made pastries available, as well as a nice wine list. The café shares space with a book and gift store, The Golden Braid, and is a popular gathering spot.

ONE WORLD CAFÉ, 41 South 300 East
- Sort of a Hippie place. No set menu—they prepare whatever they want. Stuff is mostly Vegan and organic. Take as much food as you want and then pay what you feel it was worth.

‘Q4U’ HICKORY-SMOKED BARBEQUE, 4655 South 4800 West, (West Valley, UT)
RED BUTTE CAFE, 1414 Foothill Dr., Southwestern, under $8-$18
• Cold and grilled sandwiches, a popular French onion soup, enchiladas, and salads which incorporate grilled red trout, smoked turkey, or several variations. Great desserts.

RED IGUANA, 736 West North Temple, Mexican, under $8-$12
• Good Mexican food and nice atmosphere. They serve best house-made moles and chile verde in town, pour premium margaritas and good Mexican beers, and always keep the salsa and chips coming. Expect a wait on weekend nights.

RUTH’S DINER, 2100 Emigration Canyon, Eclectic, under $8-$15
• Offers the finest canyon dining in the Salt Lake City area, featuring creekside patios and spectacular views. Famous for its award winning comfort food, breakfast, and brunch. Serves (arguably) the best breakfast in SLC, plus other lunch and dinner offerings. Live music on patio from April to October.

STONEGROUND, 249 East 400 South (2nd floor)
• Good pizza, beer on tap, pool tables. Opposite from SLC downtown library, trax stop.

**Pubs, Bars, Breweries, Coffee**

THE BAYOU, 645 South State St., Eclectic (Cajun), $8-$18
• Jazz, food, beer, wine, pool. Over 150 beers from around the world, both bottled and on tap. The menu offers everything from Cajun specialties such as jambayala and étouffée to blackened seafood and a terrific, garlicky hamburger with sweet potato fries. A local favorite.

COFFEE GARDEN, 898 South 900 East
• Coffee, light food, and great sweets.

DESERT EDGE BREWERY, 273 Trolley Sq., (700 East), Contemporary, $8-$12
• This lively microbrewery has brass-top tables, loft seating, a sheltered patio, plenty of music, and offers great sunset views through floor-to-ceiling windows. The menu offers basic pub food, but goes beyond with creative sandwiches, Italian and Greek pasta salads, Mexican-inspired fare, French onion soup, etc. Half off libations (beer only) with a student ID makes it a good bargain.

DUFFY’S TAVERN, 932 South Main Street, Pub food, under $8
• Fun, lively bar, numerous TVs, including a huge 55” big screen for sporting events. Pool tables, darts, etc., with live bands on Friday and Saturday nights.

FIDDLER’S ELBOW, 1063 E. 2100 S., Pub food, $10-$12
• Great place to watch Monday night football, Ute games, March Madness, etc. Pool tables, dart boards, City Weekly’s “Best Comfort Food,” 32 of Utah’s best microbrews on tap. 10’ by 6’ high-definition big screen plus eight other TVs.
GREEN STREET, 602 East 500 South, (located in Trolley Square), Eclectic, under $8-$15
• A long-time staple featuring a lively crowd every night of the week with Live Bands on the Weekends, dancing, pool tables, darts. Standard pub food with dinner salads, sandwiches, steak, salmon, and great appetizers.

MURPHY’S BAR AND GRILL, 160 South Main St.
• Cozy downtown pub, full menu for lunch or dinner with appetizers and daily specials, in addition to salads, sandwiches and burgers. Wide variety of wines, liquors and spirits, and a large selection of draft and bottled beers, consisting of dark ales, sparkling lagers and rich stouts, including, of course, Guinness.

PORCUPINE PUB AND GRILLE, 3698 East Fort Union Blvd. (Cottonwood), Eclectic, $8-$25
• Casual pub dining at the mouth of Big Cottonwood Canyon. Wide variety of fresh menu items. 24 micro-brewed beers on tap. Weekend brunch. Great valley and canyon views. More than 40 variations of standard pub food, including buffalo wings, Thai chicken pizza, burgers, ribs, filet mignon, and ahi tuna.

RED ROCK BREWING COMPANY, 254 South 200 West, Eclectic, $8-$18
• Casual restaurant brewing fresh beers and sodas. Variety of fresh menu items. Heated outdoor patio and wood-fired pizza oven. Arguably the best burgers in the city.

SALT LAKE ROASTING COMPANY, 320 East 400 South
• Local favorite for coffee, pastries, espresso, and dessert. Great place to study.

SQUATTERS, 147 West 300 South, Under $8-$18
• Best brewpub in SLC? Great atmosphere, beer, burgers, dinner salads, and brunch.

SALT LAKE COFFEE BREAK, 430 East 400 South
• Almost like a miniature deli. Offers a variety of Middle Eastern foods from hummus to the Mediterranean Plate, which includes falafel, fried garbanzo cakes, hummus, sweet basmati rice, black lentils and a salad. They also make in-house cakes and pastries, including moist Vegan Chocolate Cake and Raspberry Brownies.

THE TAVERNACLE, 201 East 300 South, Italian, under $8-$16
• Salt Lake’s only dueling piano bar, serving up pizza, calzones, subs, and a wide range of music hits. Since the dueling piano shows are all by request, each evening is unique.

Hiking, Snowshoeing, and Cross-Country Skiing

RED BUTTE GARDEN AND ARBORETUM, 300 Wakara Way (on campus)
• Stroll around the garden or hike the natural area above it.

BIG COTTONWOOD CANYON, From downtown, follow I-215 “belt loop” south to exit #7, then head southeast on Utah 190
• Donut Falls Trail: About 1.5 miles round trip, with views of a waterfall and stream.
• Jordan Pines and Spruces Campgrounds: Jordan Pines is 8.8 miles up the canyon and Spruces is 9.7 miles up the canyon. Both areas are good for beginner and intermediate snowshoers. Snow trails meander between the campgrounds and can connect for a nice loop.

BONNEVILLE SHORELINE TRAIL, From the University Guest House, basically just head east and you are bound to hit a trailhead.
• Following the eastern shoreline of ancient Lake Bonneville, the BST is a series of trails along the Wasatch foothills. The many paths above the U could keep you occupied for hours.

LITTLE COTTONWOOD CANYON, Past Big Cottonwood Canyon, UT 190 becomes Utah 210
• Little Cottonwood Canyon Trail: The trailhead is shared with the Temple Quarry Nature Trail. The parking lot is located to the right of the mouth of Little Cottonwood Canyon and behind the large electrical sign. The gate to the parking lot will be closed during the winter so try parking in the UTA Ride-Share parking lot across the road.
• White Pine Area: The trailhead is located about 5.3 miles up Little Cottonwood Canyon. The parking lot and trailhead are located on the south side of the highway (right). Start on the White Pine Trail. Across the bridge, and a little off the trail is a large open area (about 10-11 acres).

MILL CREEK CANYON, Located off 3800 South and Wasatch Boulevard east of Salt Lake City, Utah
• Mill Creek Canyon Ski Trail: The ski trail begins 5 miles up the canyon where the winter gate at Maple Grove Picnic Area is located. From the gate to the top of the canyon, is about 4.5 miles. The trail is intermediate level for cross country skiers, but would be beginner level for snowshoers. The ski trail is groomed once a week with cross country ski tracks set, but snowshoers can walk on the side of the trail.
• Pipeline Trail: The Pipeline is a popular mountain bike trail during the summer months that follows parallel to the road and takes you from near the bottom of Mill Creek Canyon to just above the Winter Gate. The trail is great for beginners and intermediate snowshoers. The trail can be accessed from Churchfork, Burch Hollow, Elbow Fork, and Rattlesnake.
• Mount Aire: This trail is about 6.1 miles up Mill Creek Canyon. You can either access the trailhead by the ski trail (follow ski trail about 1 mile, and then look for a trail on the left/north side of the ski trail) or you can access it from the Pipeline Trail. Recommended for intermediate and advanced snowshoers, the trail climbs up and follows the ridge line most of the way until you get to the peak.

SOLITUDE NORDIC CENTER, Located up Big Cottonwood Canyon between Brighton and Solitude ski areas
• 15k of groomed trails for Nordic skiers (classic and skating) and 10k of snowshoe trails. Equipment rentals, light snacks, and lessons are available in the day lodge.
Alpine Skiing & Snowboarding
ALTA, Hwy 210 Little Cottonwood Canyon
THE CANYONS, 4000 The Canyons Resort Drive, Park City, UT
DEER VALLEY RESORT, 2250 Deer Valley Drive S, Park City, UT
PARK CITY MOUNTAIN RESORT, 1310 Lowell Avenue, Park City, UT
SOLITUDE, 12000 Big Cottonwood Canyon, Solitude, UT
SNOWBASIN (Weber Canyon), 3925 E. Snowbasin Rd., Huntsville, UT
SNOWBIRD, Hwy 210 Little Cottonwood Canyon

A Little History, A Little Culture
DAUGHTERS OF UTAH PIONEERS MUSEUM, 300 N. Main Street
  • Mon.-Sat., 9-5; Sun., 1-5
  • Located near the State Capital, they have everything from a stuffed, two-headed lamb to Brigham Young’s magic blood stone to quilts, furniture, carriages and more.
FORT DOUGLAS MILITARY MUSEUM, 32 Potter Street (on campus)
  • Tues.-Fri., 12-5; Sat., 12-4; closed Sun. & Mon.
MUSEUM OF CHURCH HISTORY AND ART, 45 North West Temple Street
  • Mon.-Fri., 9-9; Sat.-Sun., 10-7
UTAH MUSEUM OF FINE ARTS, 410 Campus Center Drive (on campus)
  • Tues., Thurs., Fri., 10-5; Wed., 10-8; Sat.-Sun., 11-5; closed Mon.
UTAH MUSEUM OF NATURAL HISTORY, 1390 East President’s Circle (on campus)
  • Mon.-Sat., 9:30-5:30; Sun. 12-5
UTAH CHILDREN’S MUSEUM, 444 West 100 South
  • Mon, 10-9; Tues.-Thurs., 10-6; Fri., 10-9; Sat., 10-6; Sun., 12-6